18-02-25

As a prelude to the ESIC Special Services Fortnight 2025, the Hospital organized Lectures on the subject *The High-Risk Diabetic Foot and The Multidisciplinary Approach to Limb Preservation & The Psychological Impact of Limb*

Preservation and Limb Loss by Dr Jeffrey A Ross DPM, MD, FACFAS, an eminent faculty from the United States of America on 18th February 2025 at 11:00 am at the Golden Jubilee Convention Hall Second Floor Block A1 of the Hospital.

Dr. Jeffrey Ross is Associate Professor, Baylor College of Medicine, Department of Surgery, Division of Vascular Surgery and Endovascular Therapy since February 2016.

Dr Ross was received by the Deputy Medical Superintendent Dr Jagjjt S Bhatia. The Medical Superintendent Dr Sunita Chaudhary and Dr Jeffrey arrived in the Golden Jubilee Hall. He was officially welcomed with a Bouquet of flowers and a traditional garland.

Lamp Lighting Ceremony was followed by an introduction of the ESI Scheme for the Speaker.

In her opening remarks, the Medical Superintendent detailed the exemplary career and achievements of the eminent Speaker.

Dr Jeffrey Ross started his Lectures with appreciation for the warm traditional Indian Welcome and Hospitality.

He then delivered an enthralling Presentation on the subject to a fully packed Hall. The audience enthusiastically participated in the Question and Answers sessions. A Panel discussion was held.

The Medical Superintendent presented a Memento of Honour to the Guest. Appreciation accolades were presented to the Organizers. The program concluded with Lunch.

The visiting Dignitary was seen off by the Deputy Medical Superintendent

24.2-21

22-02-25

In prelude to the Fortnight, a Conference tilted ESICON 2025 with the motto **Empowering excellence in Vein and Proctology Care** was organised on 22nd February 2025 at 09:00 am at the Golden Jubilee Convention Hall Second Floor Block A1 of the Hospital.

The subject of the Conference is: Radiofrequency Ablation Live Varicose Vein Proctology Workshop & Conference (RAFAELO)

The Conference was inaugurated by the Medical Superintendent Dr Sunita Chaudhary. Dr. Sangeeta Mathur, Director Medical Noida, the Deputy Medical Superintendents Dr. Uma Verma and Dr. Jagjit S Bhatia were present to grace the occasion. The Faculty were eminent Consultants on the subject. It was attended by Surgery Specialists from ESIC hospitals of the Delhi/NCR region and major Government Hospitals in Delhi.

Lamp Lighting Ceremony was followed by an introduction of the subject by Dr. Gandhi and Dr Vani Vijay.

In her opening remarks, the Medical Superintendent congratulated Highlights of the Event were:

1. Live procedure demonstrations- watch real time RFA

professionals showcasing the latest advancements & techniques by ESI Specialist Doctors.

2. Expert Panels – Engaged with topmost specialists in Varicose Vein and Proctology Treatment through interactive discussion and Q&A sessions.

3. Discussion on the latest research & developments on the subject.

4. Networking opportunities- connection with peers, industry leaders and experts in the field to exchange knowledge & experiences.

5. Poster display competition for PG Residents.

6. Quiz competition for PG/Senior Residents.

The Valedictory Ceremony was held in the evening.

23-02-25

On the eve of the Foundation Day, the Illumination of the Hospital Building was inaugurated by the Casualty Medical Officer along with the Nursing Supervisor, Staff Members and many patients and relatives. As the lights came on, there was a spontaneous applause from all present with the wish to see the Corporation scale to newer heights in the service of our beneficiaries.

A colourful Light and Sound Show was organised on the occasion. The synchronous lighting, serene music and the cascading waters of the fountain came together to create spell binding magic which attracted not only the visitors of the Hospital but also passers-by on the Main Road.

24.7-21

24-02-25

The Hospital has been adjudged Runners-up in the Best Performing Hospitals (201+ Beds category). The Medical Superintendent received the Award at a glittering Ceremony at

The **"ESIC SPECIAL SERVICES FORTNIGHT 2025"** started with an elaborate Inauguration Ceremony graced by the Dr. Uma Verma & Dr. Jagjit Bhatia Deputy Medical Superintendents, Senior Officers and Heads of the Departments of the Hospital.

"A Lecture on the Benefits of ESIC Scheme "was delivered by Mr. Anand Giri, Office Superintendent.

An on-site live demonstration of the use of "**AAA Application**" was held for the benefit of the large number of Insured persons and beneficiaries present on the occasion. Inauguration of Tobacco Free Zone in the Hospital was conducted by the Deputy Medical Superintendents.

A Public Lecture on 'DOs and DON'Ts while availing ESIC Benefits' was conducted by the Medical Records Department. Details about the important aspects of record correction and Birth and Death Registration process were shared.

Public Lectures were conducted by the Ayurveda and Homeopathy Departments The Awareness Desk on HIV/STD for the benefit of the patients and visitors in the Hospital was operational by the Microbiology Department. Information about the spread of the disease and the prevention and treatment was disseminated through the use of posters, pamphlets and audio-visual means. Information material like Banners, charts and Pamphlets were utilized to create awareness. A total of 150 visitors benefitted from the Camp. Total condoms distributed were 1000

Visitors were also educated foe de-addiction and OST (Opioid Substitution Therapy)

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch.

The SST Branch cleared 260 Bills at CFA level.

In a glittering Ceremony held at Bharat Mandapam, the Hon'ble Minister for Labour an Employment presented the Runners-up Award for Best Performing Hospitals (201+ Beds Category) to the Medical Superintendent Dr. Sunita Chaudhary. In her message, the Medical Superintendent expressed the commitment of the ESI Corporation towards Social Security. She encouraged the IP's and beneficiaries to participate in the various activities and educational lectures which have been planned for the Fortnight.

Various educational and socially relevant messages were broadcast over the Audiovisual platform throughout the day.

24.7-25

25-02-25

A training session on "Basic Life Support" encouraged an enthusiastic response from all those present. Around 350 visitors benefitted from the day long activity.

Health talk on Diabetes was conducted in Department of Medicine. There was active participation from the general public.

A Diabetes Detection Camp and Lecture was organized. A total of 500 persons heard the Lectures in batches and 98 visitors benefitted from the Camp of which 06 new cases of Diabetes were detected.

Comprehensive and extensive cleanliness drive was carried out in the hospital premises by House-keeping Agency.

All the washrooms, dustbins and drains of the hospital were cleaned The washroom cleaning checklists were updated as usual.

The ambience of many Departments and areas were made more welcoming and presentable.

Extensive Pest control measures and spraying of Insecticides were undertaken

Special cleaning drive of all the dustbins was carried out.

Clean and covered dustbins were placed at required areas of the hospital.

As a part of proper bio-medical waste management, the segregation area was thoroughly cleaned.

Grief Counselling Training Session was conducted By Dr. Jyoti S Kurian, HOD Psychiatry which was attended by 40 Staff Members.

Various educational and socially relevant messages were broadcast over the Audio-visual platform throughout the day.

27-02-25

The newly developed Microbiology Laboratory was inaugurated by Dr. Sunita Chaudhary, Medical Superintendent. Dr Uma Verma, Deputy Medical Superintendent, Dr. Jagjit Singh Bhatia, Deputy Medical Superintendent-II, many Heads of Department, Incharges and staff were present on the occasion. After the Inaugural ceremony, the Medical Superintendent took an extensive round of the Department and inspected the facility. The facility is very spacious. Due consideration has been given to Proper lighting, Ventilation, Air conditioning, Signage, toilet facilities and Fire safety. The Medical Superintendent addressed all the Doctors and Staff and congratulated them on acquiring the new facility. She expressed the hope that the new facility will go a long way in providing quality service to our patients. The Staff expressed their commitment to serve the beneficiaries of the hospital with best possible care.

A session themed ' Prevention of Cyber Security Fraud' was conducted in the Registration area. A Help Desk for Banking Solutions was also set up for the benefit of patients and Staff members.200 visitors benefited from the activity.

A **"SUVIDHA SAMAGAM (GRIEVANCE REDRESSAL DAY)**" was organised in Conference Hall, 8th Floor, A-B Wing in which 03 complainants were attended and their grievances were redressed by PG (Nodal Officer), ESI Hospital Okhla.

Public Lecture on prevention of HIV/STD was held in the Skin OPD Area. Information about the spread of the disease and the prevention and treatment was disseminated through the use of posters, pamphlets and audio-visual means. Information material like Banners, charts and Pamphlets were utilized to create awareness. A total of 100 visitors benefitted from the Talk.

A Cervical Cancer Screening Camp was organized in the Gynaecology OPD. A total of 150 patients were counselled and 20 were screened for the disease. Vaccinations were carried out and Information about the spread of the disease and the prevention and treatment was disseminated through the use of posters, pamphlets and audio-visual means. Information material like Banners, charts and Pamphlets were utilized to create awareness.

Public awareness talk presented in ENT OPD on Deafness and its Rehabilitation was held. Causes, Symptoms and management were discussed. There was active participation by general public. 150 visitors benefited from the Lecture.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch. The SST Branch cleared 316 claim bills.

Various educational, ESI scheme related and socially relevant messages were broadcast over the Audio-visual platform throughout the day.

28-02-25

A Health Camp was organised at:

Hotel Ambassador Sky Chef, IGI Airport Complex, Palam, New Delhi

Facilities of blood sugar measurement, blood pressure and body weight, temperature measurement were made available in the camp.

83 employees were attended. The initiative of the Employees State Insurance Corporation was deeply appreciated by all the beneficiaries. All expressed the desire for more such events in future.

Health talk was organized on First Floor Ward on the subject Postnatal care, Breast feeding and proper diet. There was active participation by admitted patients.

A Nukkad Naatak on HIV/ AIDS was conducted by Theatre Group from NACO. 500 visitors watched the Naatak in batches.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch. The SST Branch cleared 201 claim bills.

Various educational and socially relevant messages were broadcast over the Audio-visual platform throughout the day.

03-03-25

Awareness Lecture on Diabetes & Hypertension was organized in the Medical OPD. Information about the spread of the disease and the prevention and treatment was disseminated through the use of posters, pamphlets and audio-visual means. Information material like Banners, charts and Pamphlets were utilized to create awareness. A total of 100 visitors benefitted from the Talk. About 550 Visitors benefited.

A Diabetes Detection Camp was organized. A total of 115 visitors benefitted from the Camp.

Written Quiz Competition was organized for the admitted patients in the Hospital. A total of 50 patients participated. First, Second, Third and Consolation prizes were given to the male and female winners.

A Nukkad Naatak on **Beti Bachao Beti Padhao** was conducted by the Radiology Department. 500 visitors watched the Naatak in batches.

Various educational and socially relevant messages were broadcast over the Audiovisual platform throughout the day.

Ayush Health Camp was organised at:

Friends Club,

New Friends Colony

New Delhi

Facilities of blood sugar measurement, blood pressure and body weight, temperature measurement were made available in the camp.

45 employees were attended with the following results:

High Blood Sugar- 8 Raised BP -6 Presbyopia – 4 Refraction Error -3 Cataract -3 Conjunctivitis - 3 CSOM- 4

The initiative of the Employees State Insurance Corporation was deeply appreciated by all the beneficiaries. All expressed the desire for more such events in future. A Health talk on Importance of Breast-Feeding Nutrition and Health was delivered by Dr Anuradha, Specialist Paediatrics conducted in Dept of Paediatrics in the presence of Dr Jagjit Singh Bhatia, Deputy Medical Superintendent and Dr Rajani Talwar, HOD Paediatrics. A Total of 80 persons benefitted from the lecture. There was active participation by the general public.

A Sensitization Session on HIV/AIDS for the Health care Workers was organized by Dr Preeti Chowdhary, HOD Microbiology.

Various educational and socially relevant messages were broadcast over the Audiovisual platform throughout the day.

A Special Drive for clearance of pending bills was organised by the SST Cell. The SST Branch cleared 214 claim bills.

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04-03-25

A Health Camp was organised at Tata Treo Workshop, B-21, Okhla Ph-1, New Delhi. Facilities of blood sugar measurement, blood pressure and body weight, temperature measurement were made available in the camp. 63 employees were attended, out of which 10 were detected with Hypertension and 05 with Hyperglycaemia. The initiative of the Employees State Insurance Corporation was deeply appreciated by all the beneficiaries. All expressed the desire for more such events in future.

A Lecture on Low Back Pain - Management & Exercise and a Bone Mineral Density Camp was organized by the Physio- Occupational Therapy Department and Orthopaedics Department. Persons attended the camp and benefitted from the services.

A Mock Drill on Earthquake Disaster Mitigation was conducted by the Casualty Department of the Hospital involving various Departments in the presence of Dr Jagjit Singh Bhatia, Deputy Medical Superintendent.

Scenario - Alleged information was received by CMO regarding Earthquake in Southeast Delhi ESIC Hospital shall receive the patient from Tehkhand. Immediately, the CMO informed the Medical Superintendent and Nodal Officer and Mock Drill was conducted in the Hospital with the help of all departments of ESIC Hospital Okhla. Coded message: Code yellow was announced. 9 patients were received, and triaging was done in triage area. 3 patients were sent to Red Zone. 2 patients were sent to Yellow zone, 2 patients were sent to Green zone and 01 patient was tagged black and sent to Mortuary. 1 patient was brought dead. Proper treatment and resuscitation were done as per ATLS protocol according to condition of patient. After management of all patients All Clear deactivation code was announced at 01:00 PM

A Public Lecture on Kangaroo Mother Care was organised by the Paediatrics Department in the presence of Dr Rajani Talwar, HOD Paediatrics, Dr Anuradha and Dr Pragya Jain. A Total of 80 persons benefitted from the lecture. There was active participation by the general public.

A play on the Importance of Dental Hygiene was organised by the Dental Department in the presence of Dr Vineet Dahiya, HOD Dentistry. A Total of 80 persons benefitted from the lecture. There was active participation by the general public.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch.

The SST Branch cleared 88 claim bills.

Reports on the Ayush Health Camp organised by the Hospital in collaboration with SRO Okhla were published in Local Media on 04 March 25. Newspaper Clippings are attached)

Various educational and socially relevant messages were broadcast over the Audiovisual platform throughout the day.

104/3/2025

05-03-25

Public Lecture on Importance of Maintaining Proper Records was organized by the Department of Medical Records. The Medical Superintendent, Dr Sunita Chaudhary and Deputy Medical Superintendent, Dr Jagjit Singh Bhatia were present. There was active participation by general public. 250 persons benefited from the Lecture.

"ANNUAL PREVENTIVE HEALTH CHECK UP CAMP" for IPs/IWs for above 40 years of age was organised on the Third Floor, OPD Block. 13 Patients were attended.

An Ayush Camp was organised by the Department of Ayurveda and Homeopathy. Facilities of blood sugar measurement, blood pressure and body weight, temperature measurement were made available in the camp 170. patients were screened and examined in the camp. Details of patients screened and found suitable for further investigation is as follows:

High Blood Sugar- 80 Raised BP -30 Presbyopia – 7 Refraction Error -3 Cataract -3 Conjunctivitis - 3 CSOM- 4 Arthritis- 15 Allergic rhinitis-25 These patients were referred for further evaluation. A total of 170 patients attended the Camp and praised the facilities.

A Fibro scan Camp was organized in the Medical OPD for detection of Fatty Liver. A total of 25 patients availed the facility.

A Public Lecture on Importance of Immunization was organised by the Paediatrics Department in the presence of Dr Rajani Talwar, HOD Paediatrics and other Senior Doctors. A Total of 80 persons benefitted from the lecture. There was active participation by the general public.

Public Lecture on Family Planning and Quiz was organized by the Department of Obstetrics & Gynaecology. There was active participation by general public.

Health talks on *Prevention & Awareness of Skin Diseases especially Leprosy* was arranged in Skin OPD. Lecture on Personal hygiene to prevent and cure

skin infections like Tinea Scabies and other Skin Infections during Summer Season was arranged in Skin OPD. Special stress was given to prevent transmission of Chickenpox. Around 40-50 participants were present for the event.

Public Lecture on Balanced Diet was organized by the Department of Dietetics. A stall displaying various nutritious food items was arranged. There was active participation by general public.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch. The SST Branch cleared 39 claim bills.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch. The SST Branch cleared 102 claim bills.

Various educational and socially relevant messages were broadcast over the Audio-visual platform throughout the day

06-03-25

Growth Screening Camp was organised by the Paediatrics Department. A Total of 80 persons benefitted from the lecture. There was active participation by the general public.

Slogan Writing Contest was organised by the Nursing Service in the Wards was active participation by the admitted patients.

Anaemia Detection Camp and Lecture was organized by the Department of Obstetrics & Gynaecology. 68 Patients were screened. There was active participation by general public.

Health Talk on Diseases of the Eyes and Importance of Eye Donation was organized by the Department of Ophthalmology. 150 persons attended the Lecture. Information about the spread of the disease and the prevention and treatment was disseminated through the use of posters, pamphlets and audio-visual means. Counselling sessions were conducted in small groups. There was active participation by general public.

A Special Drive for clearance of pending bills was organised by the SST Cell, Caretaker Cell and Accounts Branch. The SST Branch cleared 20 claim bills.

Various educational and socially relevant messages were broadcast over the Audio-visual platform throughout the day.